

Combat Anesthesia: The First 24 Hours

Your Comprehensive Guide to Post-Operative Recovery

Surgery is a major event that can take a toll on your body and mind. The first 24 hours after surgery are critical for your recovery. During this time, you will likely be experiencing pain, nausea, and anxiety. You may also be feeling weak and disoriented. Combat Anesthesia: The First 24 Hours will help you manage these symptoms and get back on your feet as quickly as possible.



Combat Anesthesia: The First 24 Hours

by United States Government US Army

★★★★★ 5 out of 5

Language : English
File size : 12817 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 1561 pages
Lending : Enabled



This comprehensive guide covers everything you need to know about your physical and emotional recovery from surgery. You will learn about:

- Pain management
- Nausea and vomiting
- Anxiety and stress

- Fatigue and weakness
- Disorientation and confusion
- Diet and nutrition
- Activity and exercise
- Wound care
- Emotional recovery

Combat Anesthesia: The First 24 Hours is written by a team of experts in anesthesia and postoperative care. The authors have decades of experience helping patients recover from surgery. They know what you are going through and they want to help you get better as quickly as possible.

If you are having surgery, Combat Anesthesia: The First 24 Hours is the essential guide to your recovery. This book will help you minimize discomfort, maximize comfort, and get back on your feet as quickly as possible.

Free Download your copy today!

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What People Are Saying About Combat Anesthesia: The First 24 Hours

"This book is a lifesaver! I had surgery a few weeks ago and I was so scared about what to expect after I woke up. This book helped me understand what was going to happen and how to manage my pain and

other symptoms. I would highly recommend this book to anyone who is having surgery."

-Anonymous

"I am a nurse in the post-anesthesia care unit and I see firsthand the difference that this book can make for patients. It helps them to understand what to expect and how to manage their symptoms. I always recommend this book to my patients and I have seen it make a big difference in their recovery."

-Anonymous

"I am a surgeon and I have seen how this book can help patients to recover more quickly from surgery. It helps them to understand the importance of pain management, nausea control, and other aspects of postoperative care. I highly recommend this book to my patients."

-Anonymous



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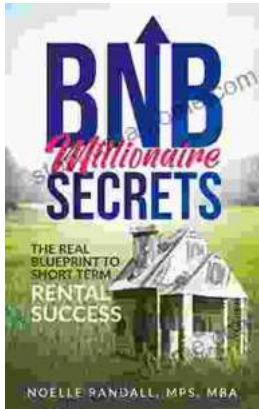
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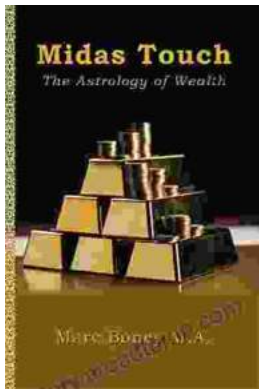
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