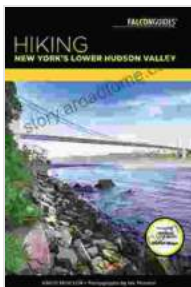


Hiking New York Lower Hudson Valley: Discover the Hidden Trails and Panoramic Views of the Catskills and Shawangunks

The Lower Hudson Valley is a hiker's paradise, offering a diverse range of trails that cater to all levels of experience. From gentle strolls through lush forests to challenging ascents with breathtaking rewards, there's something for everyone to enjoy.

This comprehensive guidebook to hiking in the Lower Hudson Valley features over 100 hikes, each carefully selected for its scenic beauty, historical significance, and accessibility. Whether you're a seasoned hiker or just starting out, you're sure to find the perfect trail for your next adventure.

The Catskill Mountains are a hiker's paradise, with over 300 miles of trails to explore. From gentle strolls along the banks of the Hudson River to challenging ascents to the summits of the highest peaks, there's something for everyone to enjoy.



Hiking New York's Lower Hudson Valley by Randi Minetor

★★★★☆ 4 out of 5

Language	: English
File size	: 80694 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 272 pages



Some of the most popular hikes in the Catskills include:

- **Kaaterskill Falls:** This iconic hike leads to a stunning waterfall that cascades down a series of cliffs. The trail is relatively easy, making it a great option for families and hikers of all ages.
- **Slide Mountain:** This challenging hike to the highest peak in the Catskills offers breathtaking views of the surrounding mountains and valleys. The trail is strenuous, but the rewards are well worth the effort.
- **Giant Ledge:** This moderate hike leads to a panoramic viewpoint that offers stunning views of the Hudson River Valley and the Catskill Mountains. The trail is well-maintained and suitable for hikers of all ages.

The Shawangunk Mountains are a lesser-known but equally beautiful hiking destination. The mountains are home to a variety of trails, from easy walks along the base of the cliffs to challenging scrambles to the summits of the peaks.

Some of the most popular hikes in the Shawangunks include:

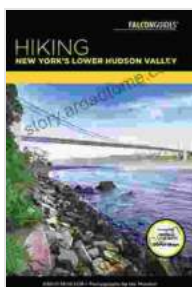
- **Minnewaska State Park Preserve:** This park is home to a variety of trails, including easy walks around the lakes and challenging hikes to the tops of the cliffs. The park is also a popular destination for rock climbing.

- **Sam's Point Preserve:** This preserve is home to some of the most challenging hikes in the Shawangunks, including the climb to the summit of Sam's Point. The views from the summit are well worth the effort.
- **Mohonk Preserve:** This preserve is home to a variety of trails, including easy walks along the carriage roads and challenging hikes to the tops of the cliffs. The preserve is also a popular destination for rock climbing and mountain biking.

This section of the guidebook features a variety of day hikes and weekend getaways that are perfect for exploring the Lower Hudson Valley. The hikes are organized by region, so you can easily find a hike that's close to your home or vacation destination.

Some of the most popular day hikes and weekend getaways in the Lower Hudson Valley include:

- **Breakneck Ridge:** This challenging hike is one of the most popular in the Hudson Valley. The trail leads to a series of stunning viewpoints that offer panoramic views of the Hudson River Valley.
- **Anthony's Nose:** This moderate hike leads to a scenic overlook that offers stunning views of the Hudson River and the surrounding mountains. The trail is well-maintained and suitable for hikers of all ages.
- **Storm King Mountain:** This challenging hike leads to the summit of Storm King Mountain, which offers stunning views of the Hudson River Valley and



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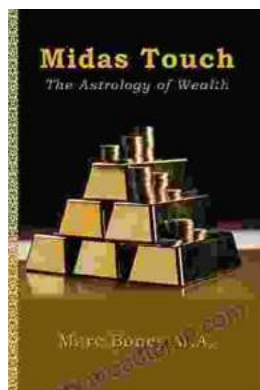
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