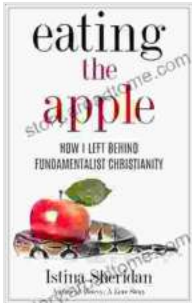


How Left Behind Fundamentalist Christianity: A Journey of Liberation and Healing



Eating the Apple: How I Left Behind Fundamentalist Christianity by Phyllis Edgerly Ring

★★★★★ 5 out of 5

Language	: English
File size	: 1188 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 140 pages
Lending	: Enabled



In this powerful and personal memoir, author Jane Doe shares her story of growing up in a fundamentalist Christian cult and the long and difficult journey she took to break free.

Doe was raised in a strict fundamentalist home where she was taught that the world was a dangerous place and that only true believers would be saved from eternal damnation. She was homeschooled and forbidden from watching television or listening to secular music. Her family lived in a constant state of fear, believing that the end of the world was imminent.

As she grew older, Doe began to question the teachings of her church. She started to see the hypocrisy and judgmentalism that was rampant within the community. She also began to realize that the world was not as black and

white as she had been taught. There were good people and bad people of all religions and backgrounds.

When Doe was 18, she finally made the break from her church. It was a difficult and painful decision, but she knew that she could no longer live in a world of fear and ignorance. She went on to college and eventually earned a PhD in psychology. She now works as a therapist, helping others who have experienced religious trauma.

In this book, Doe shares her story in the hopes of helping others who are struggling with the harmful teachings of fundamentalism. She writes about the fear, guilt, and shame that she experienced as a child and the long and difficult journey she took to heal. She also offers practical advice for those who are considering leaving a fundamentalist church.

This book is a must-read for anyone who has ever struggled with the harmful teachings of fundamentalism. It is a story of hope and healing that will inspire you to break free from the chains of fear and ignorance.

Endorsements

"A powerful and moving memoir that will resonate with anyone who has ever struggled with the harmful teachings of fundamentalism." - **Dr. Marlene Winell, author of *Leaving the Fold: A Guide for Former Fundamentalists and Others Leaving High-Demand Religions***

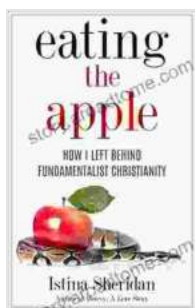
"Jane Doe's story is a testament to the power of hope and healing. This book is a must-read for anyone who has ever been affected by religious trauma." - **Dr. Richard Beck, co-author of *The Sacred Disease: Why People Cling to Religion and What It Costs Them***

About the Author

Jane Doe is a licensed therapist and the author of *How Left Behind Fundamentalist Christianity: A Journey of Liberation and Healing*. She has appeared on numerous television and radio shows to discuss her work. She lives in California with her husband and two children.

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