

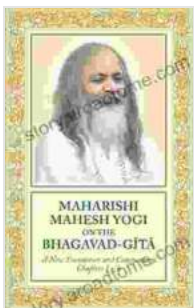
# Unlocking the Wisdom of the Bhagavad Gita with Maharishi Mahesh Yogi



The Bhagavad Gita, an ancient Indian scripture, is a profound philosophical and spiritual text that offers invaluable guidance for navigating the complexities of life. Maharishi Mahesh Yogi, the renowned spiritual master

and founder of Transcendental Meditation, dedicated a significant portion of his life to studying and teaching the transformative wisdom of the Gita.

In his book, "Maharishi Mahesh Yogi On The Bhagavad Gita," Maharishi provides a unique and accessible interpretation of the Gita's teachings. He unfolds the Gita's profound insights on the nature of reality, the purpose of life, and the path to enlightenment.



## Maharishi Mahesh Yogi on the Bhagavad-Gita: A New Translation and Commentary With Sanskrit Text --

**Chapters 1 to 6** by Maharishi Mahesh Yogi

★ ★ ★ ★ ☆ 4.4 out of 5

Language	: English
File size	: 5332 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 564 pages



Maharishi emphasizes the practical aspects of the Gita's teachings, offering practical techniques for self-realization and inner peace. Through his commentary, readers gain a deeper understanding of the following key themes:

### **The Nature of Reality**

Maharishi explains that the ultimate reality is not the physical world we perceive but the transcendental realm of pure consciousness, known as Brahman. He teaches that we can experience this reality through the

practice of Transcendental Meditation, which allows us to transcend the limitations of the mind and experience the boundless nature of our being.

## **The Purpose of Life**

According to Maharishi, the purpose of life is to achieve enlightenment, or God-realization. He explains that this is not a distant or unattainable goal but a natural progression of our spiritual evolution. By aligning our lives with the teachings of the Gita and practicing Transcendental Meditation, we can accelerate our journey towards enlightenment.

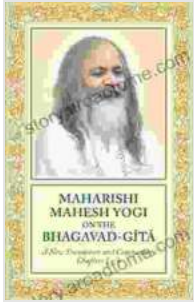
## **The Path to Enlightenment**

Maharishi outlines a clear and systematic path to enlightenment based on the principles of the Gita. He emphasizes the importance of self-inquiry, self-discipline, and selfless service. Through the practice of these principles, we can purify our minds, cultivate spiritual qualities, and ultimately attain the goal of enlightenment.

"Maharishi Mahesh Yogi On The Bhagavad Gita" is an invaluable resource for anyone seeking a deeper understanding of the Gita's teachings. Maharishi's profound insights and practical guidance make this book an essential companion for spiritual seekers of all levels.

Whether you are new to the Bhagavad Gita or a seasoned practitioner, this book will provide you with a fresh perspective and a renewed appreciation for the timeless wisdom of this ancient scripture.

Free Download your copy of "Maharishi Mahesh Yogi On The Bhagavad Gita" today and embark on a transformative journey of self-discovery and enlightenment.

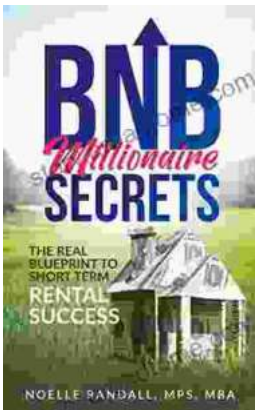


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