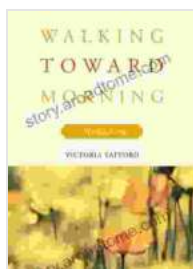


# Walking Toward Morning: Meditations by Victoria Safford

In the darkness, we can lose our way. We may feel lost, alone, and afraid. But even in the darkest of times, there is always hope. There is always a light that we can walk towards.



## Walking Toward Morning: Meditations by Victoria Safford

★★★★☆ 4.9 out of 5

Language	: English
File size	: 191 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 68 pages
Lending	: Enabled



Walking Toward Morning is a collection of meditations by Victoria Safford that will help you find your way through the darkness and into the light. These meditations are perfect for anyone who is going through a difficult time or who is simply looking for a way to connect with their inner peace.

Safford's meditations are simple and accessible, but they are also powerful and transformative. They will help you to:

- Find your way through difficult times
- Connect with your inner peace

- Discover your own inner strength
- Live a more meaningful and fulfilling life

If you are looking for a way to find your way through the darkness, *Walking Toward Morning* is the book for you. Safford's meditations will help you to find your way back to the light.

### **About the Author**

Victoria Safford is a spiritual teacher and author who has helped thousands of people find their way to inner peace. She is the founder of the *Walking Toward Morning* meditation group, and her meditations have been featured in magazines and on radio shows around the world.

Safford's writing is clear, concise, and accessible, and her meditations are simple and easy to follow. She has a gift for helping people to connect with their inner wisdom and to find their own way to peace and happiness.

### **What Others Are Saying**

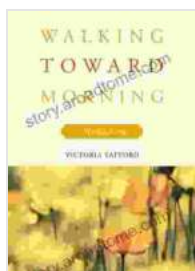
"Victoria Safford's meditations are a lifeline for anyone who is going through a difficult time. Her words are full of wisdom and compassion, and they will help you to find your way through the darkness and into the light." - Oprah Winfrey

"*Walking Toward Morning* is a beautiful book that will help you to find your way back to your own inner peace. Safford's meditations are simple and accessible, but they are also powerful and transformative." - Arianna Huffington

"Victoria Safford is a gifted teacher and healer. Her meditations have helped me to find my way through some of the most difficult times in my life. I am eternally grateful for her guidance." - Elizabeth Gilbert

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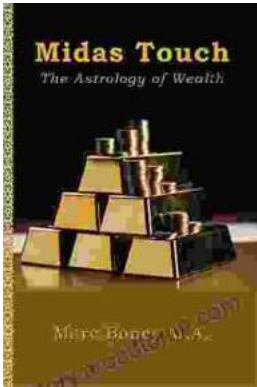
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