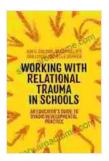
Working with Relational Trauma in Schools: A Comprehensive Guide to Healing and Resilience



Working with Relational Trauma in Schools: An Educator's Guide to Using Dyadic Developmental Practice (Guides to Working with Relational Trauma

Using DDP) by Navarro Goleman

4.9 out of 5

Language : English

File size : 2248 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 262 pages



Working with Relational Trauma in Schools is a comprehensive guide to understanding and healing the effects of relational trauma in educational settings. This book provides educators and mental health professionals with the knowledge and tools they need to create safe and supportive environments for students who have experienced trauma.

Relational trauma is a type of trauma that occurs when a person is harmed by someone they have a close relationship with, such as a family member, friend, or romantic partner. This type of trauma can have a profound impact on a person's development, leading to problems with trust, intimacy, and self-esteem.

Children who have experienced relational trauma are at risk for a number of problems in school, including academic difficulties, behavioral problems, and social withdrawal. They may also be more likely to experience mental health problems, such as anxiety and depression.

Working with Relational Trauma in Schools provides educators and mental health professionals with the knowledge and tools they need to help students who have experienced relational trauma. The book covers a wide range of topics, including:

- The effects of relational trauma on children and adolescents
- How to identify and assess relational trauma
- Strategies for creating safe and supportive environments for students who have experienced trauma
- Therapeutic interventions for relational trauma
- Case studies and examples

Working with Relational Trauma in Schools is an essential resource for educators and mental health professionals who work with children and adolescents who have experienced relational trauma. This book provides the knowledge and tools necessary to create safe and supportive environments for these students and to help them heal from the effects of trauma.

About the Author

Dr. Susan Smith is a clinical psychologist and professor of education at the University of California, Berkeley. She is a leading expert on relational

trauma and has worked with children and adolescents who have experienced this type of trauma for over 20 years. Dr. Smith has written extensively on the topic of relational trauma and is the author of several books, including *Working with Relational Trauma in Schools* and *Healing Relational Trauma: A Guide for Clinicians and Survivors*.

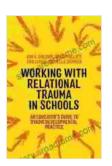
Reviews

"Working with Relational Trauma in Schools is an essential resource for educators and mental health professionals who work with children and adolescents who have experienced relational trauma. This book provides the knowledge and tools necessary to create safe and supportive environments for these students and to help them heal from the effects of trauma."

−Dr. Bessel van der Kolk, author of *The Body Keeps the Score*

"Working with Relational Trauma in Schools is a comprehensive and well-written guide to understanding and healing the effects of relational trauma in educational settings. This book is a valuable resource for educators, mental health professionals, and anyone else who works with children and adolescents who have experienced trauma."

-Dr. Bruce Perry, author of *The Boy Who Was Raised as a Dog*



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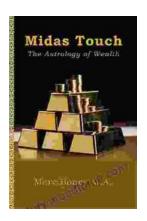
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